

# MaTri well



# MaTri well

## Ingredients:

Anti-caking agents: Silicone dioxide, Talc ; Dibasic calcium phosphate; Tribasic; calcium phosphate; Potassium citrate; Agents of filler: hydroxypropyl-methylcellulose, microcrystalline cellulose, Hydroxypropyl cellulose; Vitamin C (Ascorbic acid); Freeze-dried royal jelly; Manganese gluconate; Niacin (Nicotinamide); Vitamin E (DL Alpha Acetate of Tocopheryl acetate tit. 500/0); Zinc oxide; Disintegrating agents: Pearlitol Flash, Croscarmellose sodium, Sodium alginate; Sodium monofluoride phosphate; Lactoferrin; Calcium pantothenate (Vit B5); Vitamin D3 (Cholecalciferol); Copper gluconate; Emulsifying agents: Glyceryl dibehenate, Stearic acid; Vitamin B 12 (Cyanocobalamin) tit. 0.1010; Vitamin B6 (Pyridoxine Hydrochloride); Vitamin B2 (Riboflavin); Vitamin B1 (Thiamine hydrochloride); Folic acid; Potassium iodide; Biotin; Taste masking agent: Bitter cocoa.

Average contents	For 1 Tablet	NRV %*
Royal jelly lyophilized	30mg	
Lactoferrin	5mg	
Calcium	120mg	15%
Fluorine	1mg	28.6%
Iodine	150mcg	100%
Potassium	34mg	1.7%
Manganese	2.5mg	125%
Copper	0.6mg	60%
Zinc	7mg	70%
Vitamin E	8mg	50%
Vitamin B1	1.1mg	100%
Vitamin B2	1.4mg	100%
Vitamin B3 (Niacin)	16mg	100%
Vitamin B5	6mg	100%
Vitamin B6	1.4mg	100%
Vitamin B12	2.2mcg	88%
Vitamin C	160mg	200%
Vitamin D3	10mcg	200%
Folic acid	400mcg	200%
Biotin	100mcg	200%

## References:

<https://happihealth.com.au/evidence-for-lactoferrin-supplementation-in-pregnancy/>  
<https://www.who.int/tools/elena/interventions/zinc-pregnancy>

Marketing Authorisation holder:  
 PHARMILANO S.R.L Via Carlo Poma no. 32. Milano, Italy  
[www.pharmilano.it](http://www.pharmilano.it)

Triple-layer tablets  
 with chronoprogrammed  
 release of Lactoferrin,  
 Royal Jelly,  
 Vitamins,  
 Folic Acid,  
 and Minerals



Triple-layer tablets



Made in Italy

30 Tablets



# MaTri well



## MaTri well Tablets: A Unique Triple-Layer Supplement for Complete Wellness

MaTri well tablets are a unique dietary supplement formulated with a special triple-layer design to deliver essential vitamins, minerals, and other nutrients in a way that optimizes their absorption and utilization within the body.

### Experience the MaTri well difference:

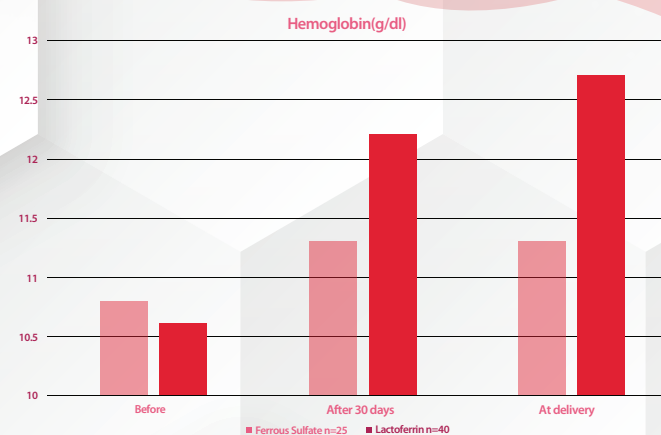
- **Triple-layer design:** This targeted release system ensures that each nutrient is delivered at the optimal time and location within the digestive tract, maximizing its bioavailability and effectiveness.
- **Complete nutrient profile:** MaTri well tablets provide a blend of essential vitamins, minerals, Lactoferrin, calcium, and Royal Jelly, addressing various nutritional needs and supporting different bodily functions.
- **Lactoferrin in pregnancy** offers an exciting approach to correcting iron deficiency early in pregnancy and has been shown to actively reduce nausea, constipation and gastrointestinal discomfort versus supplementation with some forms of iron.

### Lactoferrin

To date over 8 clinical studies in both pregnant and non-pregnant women, as well as infants, have been conducted investigating the efficacy of lactoferrin compared to ferrous supplements. Lactoferrin shows greater benefits and efficacy in the management of anemia than standard ferrous sulphate. The study enrolled 70 anemic HT pregnant women between the 6th and 8th week of gestation. The women selected treatment based on personal preference.

Those in the lactoferrin group received one capsule containing 100mg of lactoferrin two times a day. The other group received 329.7mg of ferrous sulphate once a day. HT pregnant women treated with lactoferrin showed a significant increase of red blood cells, hemoglobin and total serum iron at 30 days and at delivery. The women in the lactoferrin group also demonstrated a significant reduction in iron transport inhibitor, hepcidin ( $P < 0.05$ ).

# Microlano Drops



### Lyophilized royal jelly

The supplement also contains Royal jelly which increases the elasticity of the skin helping to prepare mothers for birth and encourages a smooth delivery by balancing hormones and feeding the placenta.

Another benefit of royal jelly is improved collagen production for smooth, youthful and picture-perfect skin.

### Vitamins and Minerals

#### B-vitamins

There are eight B vitamins, collectively referred to as the vitamin B complex. They are a class of water-soluble vitamins, meaning they are readily absorbed into your body for immediate use.

Vitamin B has several benefits for pregnancy, such as improving eye health, skin, bones, fetal nerves, and muscles. Adequate intake of vitamin B complex during pregnancy can reduce the risk of preeclampsia and pregnancy complications.

#### Folic Acid

Folic acid, also known as vitamin B9, is one of the vitamin B types. This nutrient plays a crucial role in preventing birth defects in babies, such as anencephaly, spina bifida, and encephalocele. Additionally, folic acid is essential for the development of the baby's brain and spinal cord.

#### Calcium

Calcium is required to prevent the loss of bone density in pregnant women, as the calcium reserves in the body are used for the baby's bone growth.

### Vitamin D

Vitamin D is also important for pregnant women to prevent the risk of preeclampsia, increase calcium absorption, and support fetal nerve health.

### Vitamin C and E

As antioxidants, vitamins E and C act synergistically to help prevent oxidative stress and protect body cells from damage caused by free radicals.

### Fluorine

Fluorine intake for the treatment of dental ailments in pregnant females during the second and third trimesters has been largely found to be safe for the fetus.

### Iodine

Iodine is essential for the production of maternal and fetal thyroid hormones that regulate the development of the fetal brain and nervous system.

### Potassium

Potassium plays an important role in maintaining the balance of fluids and electrolytes in your body's cells during pregnancy. Potassium is also important for sending nerve impulses and helping your muscles contract.

### Manganese

Manganese is an important mineral during pregnancy because it helps your growing baby form bone and cartilage.

### Copper

Copper requirements are increased in pregnancy because it helps form your red blood cells and your baby's heart, blood vessels, and skeletal and nervous systems.

### Zinc

The available evidence suggests that zinc supplementation during pregnancy may help to reduce preterm births.



Made in Italy

30 Tablets