#### **Ingredients:**

## Chewable **Tablets**

Calcium Carbonate; Sweetners: Xulitol, Sucralose; Magnesium carbonate; Bulking agent: microcrystalline cellulose; Fermented Maltodextrin, Papaya (Carica papaya L.) fruit d.e.; Anti-caking agents: Cross-linked sodium carboxymethyl cellulose, Silicon dioxide, Magnesium salts of acids fats; Magnesium hydroxide; Bromelain 2,500 GDU / g; Caraway (Carum carvi L.) fruits d.e.; Sodium alginate; Ginger (Zingiber officinale Rosc.) rhizome d.e. tit. 5% Gingerols; Peppermint (Mentha x piperita L.) oe.

> The recommended dose is 1 chewable tablet before meals.

#### **References:**

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6337770/ https://link.springer.com/article/10.1007/s00394-015-1045-4 https://pubmed.ncbi.nlm.nih.gov/25041141/

Average contents	Per 3 tab
Papaya d.e.	270 mg
Carum carvi d.e.	90 mg
Ginger dry extract	30 mg
Contribution of Gingerol	1,5 mg
Mint o.e.	15 mg
Sodium alginate	90 mg
Bromelain	120 mg
Activities	300 GDU
Fermented	300 mg
Maltodextrin	1200 ALU

Riflussan Pro

Mode in Italy

30 Chewable Tablets

Riflussan Pro

#### Gluten free. Naturally lactose free.

#### Riflussan Pro uses the best FROM NATURE

Support the overall digestion Contains a large amount of digestive enzymes from natural sources.

#### Soothing Herbs blend

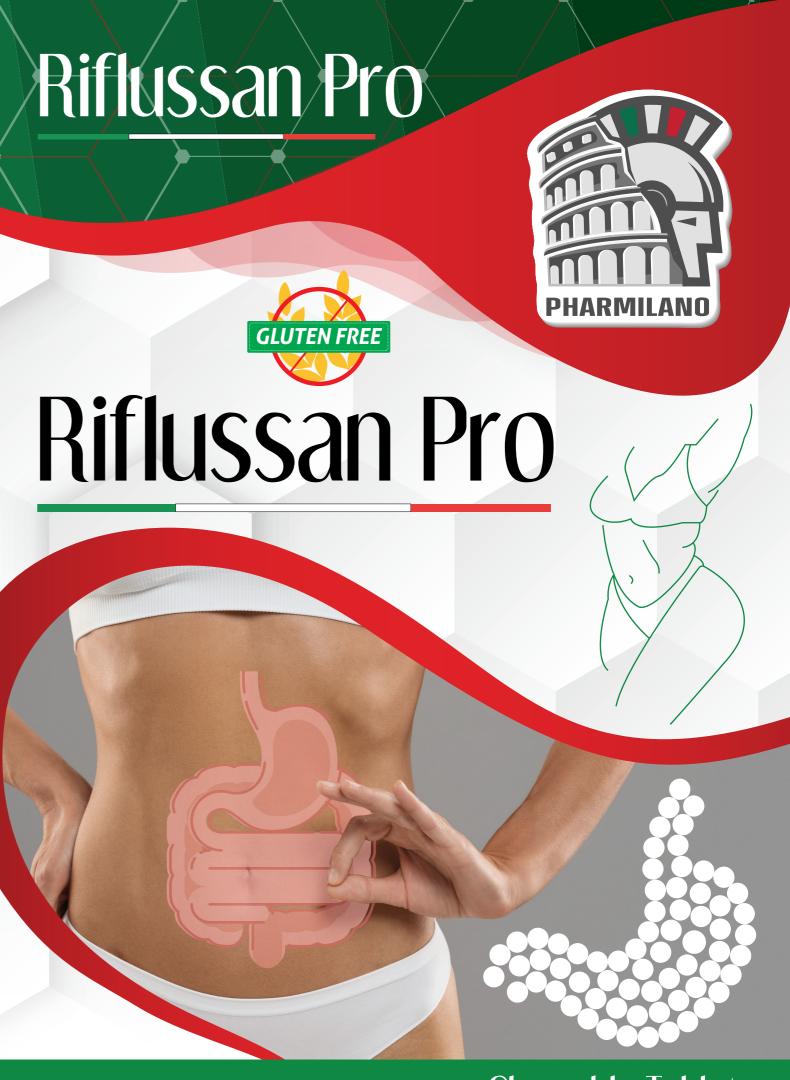
Ginger, Caraway, and Peppermint help soothe upset stomach and digestion discomfort.

#### Fast Heartburn relief

Calcium carbonate, Magnesium Hydroxide, MagnesiumCarbonate, and Sodium Alginate help keep acid down for hours.

PHARMILANO S.R.L Via Carlo Poma no, 32, Milano, italu @wwww.pharmilano.it







Made in Italy

### **30 Chewable Tablets**



## Riflussan Pro

# Riflussan Pro

Riflussan Pro: is a food supplement in chewable tablets based on Papaya, Bromelain, Caraway, Mint, Ginger, Sodium alginate, and Fermented Maltodextrin, it favours the functionality of the digestive

#### **Ginger:**

Thanks to its highcontent in gingerols, is able to strongly stimulate enzymatic secretion, increasing the peristaltic movements and intestinal muscles tone. It is also used in reducing nausea and vomiting feeling from

motion sickness.

#### **Peppermint:**

it has always been used successfully in regularization of peristalsis, by directly acting on gut calcium channels to relax gastrointestinal smooth muscle.

This can help relieve constipation, cramps, and bloating. In the most comprehensive meta-analysis to date, Peppermint oil was shown to be asafe and effective therapy for pain and global symptoms in adults with IBS.

#### system.

#### Caraway:

Caraway seeds have been used to help reduce symptoms of dyspepsia (indigestion), it facilitates gastric secretion after meals. A total of five studies involving 578 participants in meta-analysis, suggests that a combination of peppermint oil and caraway oil is an effective and safe short-term treatment for Functional dyspepsia.

#### Papaya:

Papayas contain an enzyme called papain, a sulfhydryl proteolytic

enzyme that aids digestion.Papaya is also high in fiber and water content, both of which help to prevent constipation and promote regularity and a healthy digestive tract.

#### **Bromelain:**

Is a sulfhydryl enzyme with proteolytic action, happens to be a protein-digesting enzyme. It is currently categorized as a dietary supplement and generally recognized as safe (GRAS) by the U.S. Food and Drug Administration (FDA).

#### **Bromelain and Papain:**

Powerful enzyme combination, that work to support healthy digestive activity through protein-digesting action.

#### Fermented Maltodextrin (DigeZyme®)

DigeZyme

#### Multi-Enzyme-Complex

Fermented Maltodextrin contain an enzymatic complex; a large amount of alpha-amylase, protease, lactase, cellulase and lipase, that help the breakdown of molecules such as proteins, lipids into simple chains. The enzymatic complex helps to reduce the toxicity levels generated by the consumption of hardly digestible food products or when the body has difficulty in digest certain macromolecules.

A study in the European Journal of Nutrition found that digestion-resistant maltodextrin had positive effects on overal digestion.

Calcium carbonate: fights excess stomach acid

#### MagnesiumHydroxide, Magnesium Carbonate:

theyvare used for maintain acid-base balance, are synergistic with calcium carbonate, they are also a useful source of Magnesium for the body.







#### Sodium Alginate:

The effect of sodium alginate is the formation of a gel barrier that is placed over the stomach contents to form a sort of "floating raft", to obstruct the reflux of stomach contents into the esophagus. To promote the floating effect, sodium alginate is administered in formulation with bicarbonate



The combination of alginic acid, Calcium carbonate, Magnesium hydroxide, and magnesium carbonate is used to treat symptoms of stomach ulcers, gastroesophageal reflux disease (GERD), and other conditions caused by excess stomach acid.

in a randomized crossover study they took alginate + antacid they found that Sodium alginate+Antacid is more effective than an antacid without alginate in controlling post-prandial esophageal acid exposure.

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